

**ABSTRACT**

The vehicle seat (10) comprises a seat structure (12), at least one element (14, 16) which is mobile relative to the structure (12) of the seat, at least one actuator (20, 22) for operating the or each mobile element (14, 16), means (24) for controlling the or each actuator (20, 22) in order to bring the seat into a set of predetermined configurations. Sequencing means (24) suitable for operating the control of the or each actuator (20, 22) in order to bring the seat into several different predetermined configurations in succession in accordance with a predetermined sequence of configurations with a predetermined hold time between each change of configuration.